



# MORGAN PRIMARY SCHOOL NEWSLETTER

Term 3— Week 9

Monday 18th September 2017

Understanding - Care and Compassion - Responsibility - Doing Your Best - Respect



Monday 18th September

WHS Visit

Wednesday 20th September

YEL—8.15am departure

Thursday 21st September

Assembly - 1.45-2.30pm

Friday 22nd September

Whole School Breakfast

Christian Seminars—11.30am

Interaction Day—

Blanchetown / Cadell PS

Week 10—Camp Week

Please use your 'What to Bring' sheet to make sure you have everything.

Check out the daily clues on the Library board

**MEDICAL FORM**—Please come in and collect a medication form if your child needs any medication while we are away

## Principal News

### Welcome to Week 9

#### REMINDERS / IMPORTANT INFORMATION / CHANGES

- Learning Performance Meetings Mon -Wed— 3.20-4.00pm
- Assembly 1.45-2.30pm—this Thursday
- Governing Council postponed until Term 4— Meeting Week 2 / TBA
- Year 7 Forms—Transition Information , Student Passport, Parent Information, BBQ RSVP, Bus travel form for transition visits



**Young Environmental Leaders**—Please be at school at 8.15am this Wednesday and make sure you have read your information of what you need—Please be organized!

#### **SAVE THE DATE— MORGAN PRIMARY SCHOOL QUIZ NIGHT**

Friday November 3rd—Doors open at 6.30pm for 7pm START at Morgan RSL.

**CAMP**—Please be at school at 6.45am next Monday. We need to be on the road at 7.00am in order to get on the ferry at Cape Jervis. Come in and see me if you need any extra information. We are sending home another what to pack sheet. If your child suffers from travel sickness / medical condition please complete the medical form attached outlining what medication, how much and when to administer. All parents please complete the attached slip about permission to take natural ginger tablets (I used them in the holidays and they really help to settle the tummy).

**HIGH SCHOOL VISIT**—Today we had a team of staff and students speak to our students about their upcoming transition visits. Students will need to return to school their 4 items by the end of the week.

Have a great week and I look forward to seeing you at assembly on Thursday afternoon—Please make sure you are packed and on time on Monday—we can't be late or we will miss the boat ! 😊

Kind Regards,

Kellie Zadow

# Attention Families

## ARCHERY PHOTOS



Soup and Sides Roster Term 3 - Thank you Karen!

Week 9

DANTON

CREAMY BUTTERNUT



## Governing Council Meeting Postponed until Term 4

### FEEDBACK TO SCHOOL—FROM AC CARE

'If at some time in the future you have parents who may be happy to deal with our program, please do not hesitate to ring. Thank you once more and may I say what a really beautiful school you have in Morgan and how hard you all work to maintain it that way'.  
Gail Knott— Program Manager—**Referral forms can be collected from the front office.**

#### Pool Key—Season 2017/18

If your family would like to apply for a pool key for the upcoming season please come in and see Ali

#### Assembly 1.45-2.30pm—this THURSDAY

Interaction Day this Friday with Cadell / Blanchetown PS  
**THE THEME FOR THE DAY IS RESILIENCE**

**SANFL GRAND FINAL—I do have some free tickets—Come in and see me**

### Renee's Wrap

Hello everyone,

I hope all is well. September the 14th was R U OK day, we sometimes automatically ask that question. All of us feel "down" with life some times, the "business" of life can be overwhelming, so self care is important and genuinely asking ourselves that question is a good start.

Our challenge for our Wellbeing, here are things we can do each day

1. Get enough sleep.
2. Get enough to eat.
3. Do light exercise, walking is great.
4. Vary the work that you do.
5. Do something pleasurable.
6. Pray, meditate, relax and reflect on the positive.
7. Breath slowly and deeply to calm yourself when things get overwhelming.
8. Focus on what you did well.
9. Learn from your mistakes.

Take time for yourself so you can give time to others that are important to you.

Have a great week. Regards Renee :)

**FEEDBACK FROM ARCHERY COACH ANDREW—'Thanks for the feedback. I appreciate hearing that I am doing the right things. Not sure if I am back next year, most likely 2019. But I will keep you on my list.**

**PS...you have good kids there which is a reflection on the teachers and principal.'**

# HOLIDAY OPPORTUNITIES FOR OUR KIDS

Communities for Children Murraylands

## Beyond Kayaking

### School Holiday Program

free for families with children aged 4-12.

Murray Bridge Tuesday 3rd October 8am till 11.30pm	Myponga Tuesday 3rd October 1pm until 3pm	Avoca Dell Sunday 15th October 2pm till 5pm
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Come and try some fun recreation with your child with easy to use Sit On Top double kayaks. All equipment is supplied. Just bring hat, water, sunscreen and solid soled shoes—not throngs. Sit on Top kayaks are wide and stable for beginners and provide great fun for children.

please book by  
calling Lyall @ Centacare 85318888

All Reclink activities are drug & alcohol free

Centacare

reclink australia

communities for children Murraylands  
OC care

Communities for Children Murraylands is facilitated by ac.care, funded by the Australian Government department of Social Services and delivered by our Community Partner - Centacare

Little Athletics SA Athletics South Australia

# DARE TO DREAM

## ATHLETICS HOLIDAY CLINIC

SA ATHLETICS STADIUM MILE END

11<sup>th</sup> & 12<sup>th</sup> OCT 2017

9AM - 3PM  
\$65 - ONE DAY  
\$100 BOTH DAYS

U6-U8's to participate in a fun developmental run, jump and throw program!  
U9-U18's to receive exceptional coaching in the athletic events of their choice!

Meet Olympic Long Jumper Chelsea Jaensch  
\*\*Thursday only!

REGO CLOSES 3rd October Midnight

More info: [salaa.org.au/holidayclinics](http://salaa.org.au/holidayclinics)

A child's life is like a piece of paper on which every person leaves a mark.

## Programs/ Sponsors / Contact Details

PLAY IS THE WAY

Kimochis

CLASS DOJO

Natural Resources SA Murray-Darling Basin

Fun Youth

Mid Murray Council

WATER. THE ORIGINAL COOL DRINK. Opal

THINK FEET FIRST. Opal

DIPL

Kids Matter Australian Primary Schools Mental Health Initiative

### CONTACT DETAILS

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