



# MORGAN PRIMARY SCHOOL NEWSLETTER

Term 1—Week 8

Monday 20th March 2017

Understanding - Care and Compassion - Responsibility - Doing Your Best - Respect



Tuesday 21st March

Harmony Day

School Photos

Thursday 23rd March

Shared Learning Day—  
12.30pm

Renee's Review

Friday 24th March

UP Music Interaction Day

Week 9: Mon—Wed

Engagement Meetings

Thursday 30th March

Morgan Sports Day

Wednesday 5th April

YEL

Christian Seminars

Friday 7th April

Mid Murray Sports Day

Ramco PS

Thursday 13th April

Mrs Zadow's Party

## Principal News

### Welcome to Week 8

**School Photos** must be coming up tomorrow—(that's why everyone has had a haircut over the weekend). Photos will be in the morning. Please return your photo envelopes by Tuesday morning. Must wear school uniform.

**Engagement Meetings**—Please come in and make a time with your child's teacher for meetings next week. We are hoping all families can book a time to come in and discuss your child's learning goals, strengths and areas for improvement that we can all work on together to support your child. Accompanying the newsletter is a parent input sheet—please bring with you to the meeting. Students will be preparing for these meetings this week.

**REMINDERS:** Please return the following forms:

- DECD Photo consent forms
- Pastoral Care Worker Surveys
- School Fees are due (end of term)
- School Card Application forms (come in and see Ali if you need some help)
- School Photos (envelopes) to be returned with money by Tuesday
- SCHOLASTIC DUE 24/3/17
- Permission Slips for Friday's UP Excursion to Ramco PS
- Shared Learning Day Lunch Form



**Shared Learning Day**—We look forward to seeing you on Thursday at 12.30pm for our Open Classroom session. This will be followed by a shared lunch at 1pm, then assembly will begin at 1.45pm. Please come along and support your kids to ask questions about learning in the classroom.

Have a great week!

Kind Regards,

Kellie Zadow

## Music Workshop—Year 5-7

On Friday 24<sup>th</sup> March, the Yr 4-7 students from Kingston-on-Murray, Ramco and Morgan Primary Schools will be participating in music making workshops with Jon Madin. Ramco Primary School is hosting the day and the first workshop begins at 9:30 am.

Jon is a trained classroom music teacher with a background in a wide variety of music-making. His experience includes playing in folk/rock bands, multi-cultural bands, an orchestra and early music consorts. He also leads family music workshops and bush dances.

He has also worked extensively in musical instrument design — marimbas in particular, as well as many other experimental musical instruments.

This will be a wonderful opportunity for the students to have a musical experience playing some unconventional instruments and has links to The Arts and STEM curriculum areas.

The day will finish with a concert beginning at 1:30pm where the students will showcase their learning for the day. Parents and community members are welcome to attend the concert.

### Waikerie Car Boot Sale & Market Day Fundraiser

This Good Friday come down to Waikerie Football Oval from 10-3 and help raise funds for a local family whose son has been diagnosed with terminal brain disease. There will be a car boot sale, stallholders, direct sellers, food and drink, music and family fun.

Entry is a voluntary gold coin donation.

If you would like to have your own car boot full of goods for sale please contact Denim on 0412 806 599 or email [denim\\_w@hotmail.com](mailto:denim_w@hotmail.com)

**"Human greatness does not lie in wealth or power, but in character and goodness. People are just people, and all people have faults and shortcomings, but all of us are born with a basic goodness."**

- Anne Frank



Learning Potential helps parents to be more involved in their child's learning, from the highchair to high school.

The **Learning Potential app** has lots of useful tips and ideas to help you make the most of those small opportunities in your busy day. Download it today, or try it online!

The new **Learning Potential Resources** site has great activities you can do with your primary school child to help develop their literacy and numeracy skills. Some activities are offline, some are online, and all support the Australian Curriculum for primary school.

Check out the [Learning Potential Resources](#) website today!



# A Day in the Life of a Child With Executive Functioning Issues



Meet Josh, a sixth grader who has executive functioning issues. Executive functions work together to help the brain organize and act on information. They include:

- Organizing, setting priorities and starting tasks
- Managing frustration and keeping emotions in check
- Focusing, shifting or sustaining attention and thinking flexibly
- Using working memory and recalling information
- Regulating alertness and staying on task
- Self-monitoring and controlling impulses

To understand how executive functioning issues can affect kids in school and outside of it too, take a look at a typical day in Josh's life.



**7am**

Argh! Josh knows he's forgetting something. Ah, that's it—his cleats for today's game. He runs back inside to get them...but ends up leaving his backpack at home as he races to catch the bus. He sprints past the checklist his mom made to help him remember what he needs for school. But it's too late: The bus is about to pull away! He's going to miss it again.

**Executive Functions:**  
Organizing, Using Working Memory

**11am**

Josh's teacher asks, "Who has a good answer to the first question I gave you yesterday about last night's reading assignment?" Josh squirms, hoping he won't be called on. He didn't write the questions in his daily planner and has no idea how to answer them.

**Executive Functions:**  
Organizing, Focusing



**1pm**

It's the best part of the school day: lunch! But Josh hogs the conversation, talking way too loud and too much about his video games. He doesn't notice how annoyed his friends are getting.

**Executive Functions:**  
Self-Monitoring, Controlling Impulses

**3pm**

In soccer Josh is so focused on getting the ball that he doesn't keep in mind which direction he's supposed to run once he gets it. He quickly heads for the nearest goal and kicks the ball—right into his own team's net.

**Executive Functions:**  
Shifting Attention, Thinking Flexibly



**6pm**

Josh isn't happy when his mom tells him to turn off the TV and set the dinner table. When he thinks he's done with this task, his little sister tattles that he's forgotten to give each person a cup. Frustrated with his sister and with missing his TV show, Josh loses his cool and screams at her.

**Executive Functions:**  
Managing Frustration, Keeping Emotions in Check

**8pm**

After lots of prodding from his mom, Josh sits down to do his homework. But he doesn't know where to start. Instead of doing the book report or the math problems that are due tomorrow, he decides to surf the web to find a topic for his science report that's due next week. Then he takes a break to play a video game.

**Executive Functions:**  
Setting Priorities, Starting Tasks



**10pm**

When Josh finally begins the book report, his mind keeps jumping from one thought to another. He can't figure out what to write and only gets one sentence down on paper before he gives up for the night. He thinks he can do more on the way to school tomorrow—even though he's never gotten anything done while riding the bus with his friends.

**Executive Functions:**  
Sustaining Attention, Staying on Task, Organizing

**12am**

It's way past his bedtime. Josh is exhausted. He tries to go to sleep, but he can't shut off his brain. He keeps worrying about disappointing the teacher with his book report and getting teased by his teammates for kicking the ball into the wrong goal.

**Executive Functions:**  
Regulating Alertness, Keeping Emotions in Check



## About Executive Functions

- Many kids with learning and attention issues have trouble with executive functioning. It's very common in kids with ADHD.
- Executive functions are the brain's self-management system. Issues with executive functioning can make it hard to complete schoolwork and everyday tasks.
- But there are ways to help at home and in school. Classroom accommodations and informal supports can help kids like Josh get organized and stay on top of their assignments. Then they'll feel less stressed and more prepared for day-to-day activities.

## Ways to Help

- Ask teachers to check your child's daily planner for assignments.
- Break projects into smaller pieces with their own deadlines.
- Post schedules and directions and say them out loud.
- Use graphic organizers or mind-mapping software.
- Give step-by-step instructions and have your child repeat them.
- Talk with your child's doctor about considering ADHD medication.
- Use checklists and color-coded school supplies.
- Follow a daily schedule that builds in time for taking breaks.

\*Adapted from an NCLD infographic (illustrations by FJ Vocasek) and the work of Thomas E. Brown, Ph.D.

**Understood**  
for learning & attention issues

For more tips and resources, go to [understood.org](http://understood.org)

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## RAMCO FOOTBALL NETBALL CLUB INVITE ALL INTERESTED PLAYERS TO U15's TRAINING

Venue: Ramco Football Oval  
starting the 23/03/17

Date: Thursday nights

Time: 5:00pm      Age: 11-15      Girls welcome

For further information contact Craig Thiel 0429 430 968





## Bottles and Cans—Thankyou!!

A big thankyou to our helpers who came out Sunday morning to Pelican Point then Brenda Park for the much needed Bottle and Can fundraising collection.

Malcolm, Lucy, Sophie, Mark S., Scott & Colleen, Ross & Katie, Wendy & Brenton.

**JOB WELL DONE!!**

## Some positive MPS feedback—Proud of you guys!

I just wanted to send you both a quick email to let you know how lovely the four Year 7 students from Morgan Primary have been to teach so far this year. I have all four in Maths and not only are they always polite, they are willing to give everything a go even if they get it wrong. They have just completed their first maths test and all were very successful .

## Family information—Sporting Opportunities

### Saturday Morning Juniors & Net Set Go

Come N Try & Registrations

Wednesday 5th and 12th April 2017

3.45 to 4.30pm

Waikerie Community Sports Centre

Outside Courts

Enquiries to Hannah Lehmann

PH: 0408 899 604

  
The COACHES David Hodge and David Ness invite you and  
your family to come out to the 1st practice

### BSR Junior Footy

Blanchetown Sporting Complex / Oval

Wednesday 29th March 2017

from 6pm

Registration and sausage sizzle

### AUSKICK and U/15

For more info please ring  
Chris Giles 0437658566

## Programs/ Sponsors / Contact Details



### CONTACT DETAILS

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Government of South Australia

Department for Education and  
Child Development