Welcome to Week 7

Father’s Day—I hope all Dads, Pops, Grandpa’s had a great day yesterday and you spent some quality time with the little people in your lives and you enjoyed the special gifts and messages that were made for you.

REMINDERS—Please return consent forms for the K-4 Performance next week. Students will travel to Renmark next Tuesday. Students will need a packed recess and lunch, drink bottle.

External Review—Today and tomorrow Vonnie Dolling and Julie Taylor from the DECD External Review Team will be here to review our school. Thank you to the families who came in today to share your thoughts, views and opinions. I look forward to sharing our commendations and recommendations with our school community to guide us with continuous improvement at MPS.

YEL Team—Next Thursday the YEL team will travel with Miss Taylor to Bamera PS to participate in the Riverland Environmental Expo. Our girls will be presenting a session on our Outside Classroom.

PAT Testing—Over the next 2 weeks our students will be participating in the PAT Reading and Maths testing with all students in SA. As we have been participating in the online testing over the last 4 years our students will also complete the Grammar and Punctuation and Vocabulary tests to measure growth, improvement and areas for continual support in the classroom.

Have a great week!

Kind Regards
Kellie Zadow
Today’s children come to school emotionally unavailable for learning and there are many factors in our modern lifestyle that contribute to this. As we know, the brain is malleable. Through environment we can make the brain “stronger” or make it “weaker”. I truly believe that with all our greatest intentions, we unfortunately remold our children’s brains in the wrong direction. Here is why…

4. Endless Fun

We created an artificial fun world for our children. There are no dull moments. The moment it becomes quiet, we run to entertain them again because otherwise we feel that we are not doing our parenting duty. We live in two separate worlds. They have their “fun” world and we have our “work” world. Why aren’t children helping us in the kitchen or with laundry? Why don’t they tidy up their toys? This is basic monotonous work that trains the brain to be workable and function under “boredom” which is the same “muscle” that is required to be eventually teachable at school. When they come to school and it is time for printing, their answer is “I can’t. It is too hard. Too boring” Why? Because the workable “muscle” is not getting trained through endless fun. It gets trained through work.

What can we do to support our kids?

You can make a difference though in your child’s life by training your child’s brain so that your child will successfully function on social, emotional, and academic levels. Here is how:

4. Teach your child to do monotonous work from early years as it is the foundation for future “workability”

- Folding laundry, tidying up toys, hanging clothes, unpacking groceries, setting the table, making lunch, unpacking their lunch box, making their bed
- Be creative. Initially make it stimulating and fun so that their brain associates it with something positive.

TfEL—Whole School Focus for Week 8

Term 3 FOCUS —Engage with the community—Partnership

Something for all of us to think about as we are all part of our Morgan School Community.

Develop Expert Learners

3.2—Foster deep understanding and skilful action

- Model questioning and looking at things from a number of angles
- Provide time for mastery, developing deep meaning and precise language (Use practice, repetition, instruction, thinking, sort knowledge, show thinking visually and clarify meaning)
- Guides thinking, ensuring connections to our own experiences—imagination, memories and images
## FAMILY INFORMATION

### SCHOOL CLOSURE
Friday 16th September
Please make arrangements for your child/ren.

### CLASS DOJO 2016—Term 3
Points are awarded for attendance, homework, reading, behavior and demonstrating our school values. Students can seek staff assistance with reading / homework to utilize their support. Points will accumulate for the term.

A great start for students being organized, attending daily and motivated for learning.

### SCHOOL FEES AND OUTSTANDING ACCOUNTS
School fees and outstanding accounts will need to be finalized prior to kids going on camp. (Please come in and speak to Ali)

### JUMP ROPE FOR HEART
- ‘JUMP OFF’—Friday 23rd September
A sponsorship form went home last week—Keep on jumping!

### FAMILY CHALLENGE
Literacy and Numeracy Week Family Challenge
(Please come in and ask for any materials you may need)
How is your family board game coming along?

### CAMP DEPOSIT
- $30 deposit overdue plus $120
final payment due 30th August
Please finalise payments and there are 19 consent/medical forms outstanding
Bookings need to be finalized and paid in advance.

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**Renee’s Wrap**

Hello everyone,
I hope all is well. Many people get confused with the difference between sympathy and empathy. Sympathy is described as feelings of pity and sorrow for someone else’s misfortune and feeling with them. Empathy is awareness of the feelings and emotions of other people. Empathy can be described and taught via the acronym RULER, each letter represents a different emotional skill:
- Recognising an emotion
- Understanding it
- Labelling it
- Expressing it
- Regulating that emotion

This is a good way for an adult and child to both recognise an emotion and understanding it.

Dr. John Gottman calls this process ‘emotion coaching’. In a five step process, Dr Gottman suggests parents should:
1. Be aware of the child’s emotion
2. Recognise the emotion as an opportunity for teaching and intimacy
3. Listen empathically and validate the child’s feelings
4. Help the child label the emotions
5. Set limits while helping the child to problem-solve

Children who have adults in their lives who are empathic, and who coach them through the challenging emotions they feel, are less anxious, less likely to bully and more likely to perform well at school.

To show true empathy requires a strong foundation of love, compassion, respect, and genuine charitable desire to guide children through their challenges.

There is a time in life where we need to have sympathy and carry the ‘load’ for a while in life, but we all need to have empathy to walk ‘alongside’ people in life which give a purpose and meaning to life.

Have a great week.
Regards Renee :)

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**Renee’s Wrap**
Community Notices

NATIONAL CHILD PROTECTION WEEK 2016

National Child Protection Week 4th—7th September invites all Australians to play their part to promote the safety and wellbeing of children and young people. “Protecting children is everyone’s business.”

October HOLIDAY ACTIVITIES

FAMILY FUN DAY

FRI 14th October
10AM—2PM
Sturt Reserve Murray Bridge
Registration Essential

If you live in Sturt Region, please contact Sturt Community Centre for Registration Details & Bus Departure Times.
On: 08 8572 3513

If you live in Murray Bridge / Collingries Region, please contact a care Communities for Children Team for Registration Details.
On: 08 57 6302

If you live in Sturt Region, please contact a care Communities for Children Team for Registration and Bus Departure Details.
On: 08 8766 2592

Hey Kids! Get Crafty

for the October School Holidays
on Tuesday 11th October 2016
from 10.00 – 11.30am.

Come and make these FUN CRAFTS

A Paper Helicopter, a Puppet Puppet and a Water Proof Windsock
For children 5 – 12 years.
COST: $10.00 per child.

Where:- 307 Cadell Valley Rd, Cadell
Face Painting and Craft Sessions are also available for Birthday Parties and Events.
To make a booking or to enquire on these sessions, please contact Wendy Schemm on 0467 193 811.

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